



Hinguar Primary School & Nursery
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11th January 2019

Happy New Year!

Dear Parents /Carers,

As part of our continued commitment in providing parents with the most up to date information on changes in education and helping you to support your child at home on their educational journey at Hinguar, we have a series of workshops available for the Spring Term 2019.

We hope to welcome as many of you as possible to these sessions, many of which are suitable for parents of children from nursery to year 6.

As a school we value our commitment to providing parent workshops, however, we regret to inform that if we do not have at least six parents sign up for a workshop then it may be cancelled.

Please indicate if there are any other workshops you would like us to add to our Summer Term 2019 programme or if you have any suggestions on other ways that we can keep you up to date with educational information and help you to support your child at home.

Thank you for your support.

Mrs F. Willis

Acting Deputy Headteacher



Reply Slip for Parent Workshops Spring Term 2019

Name of Child _____ Class _____

Date and Time	Workshop & Trainer delivering	Aims of workshop	Target audience guide (all parents are warmly welcomed)	Please tick if you would like to attend and how many places you require
Tuesday 15 th January 9.00-10.30am	The importance of sleep Mrs Wilson	This workshop will reveal the amount of sleep your child needs and will provide an opportunity to learn top tips on how to try and overcome any sleep difficulties.	Nursery and Reception	
Tuesday 29 th January 9.00-10.30am	Eating habits Mrs Wilson	This workshop will support parents in understanding their child's eating habits and provide strategies that can be used to support fussy eating.	Nursery and Reception	
Tuesday 5 th February 2.00-3.00pm	Phonics Screening Mrs Oakley	This workshop will provide an overview of the phonics screening test in June and will provide strategies for parents to support their child at home.	Year 1	
Monday 11 th February 2:00-3:00pm	Tackling Anxiety Mrs White	This workshop aims to discuss the subject of anxiety, identify what can trigger anxiety in children and provide strategies to support your child to help overcome and reduce episodes of anxiety.	Nursery - Year 6	
Tuesday 26 th Feb 2.00-3.00pm	Yr 6 SATs Revision Tips & Exam Techniques Mrs Ali	This workshop will provide further information on exam techniques with tips on how to support your child with their revision at home.	Year 6	
Wednesday 27 th February 1.30-3.00pm	Cook 4 Life Martin Buckley	This workshop is delivered by chef Martin Buckley as part of the Southend healthy schools initiative. The session will provide a demonstration on how to cook healthy low cost meals and lunchbox ideas from scratch as well as a chance to answer any cooking questions you may have.	Nursery- Year 6	
Monday 11 th March 2:00-3:00pm	KS1 SATS Mrs Mackay	This workshop will focus on the KS1 SATs papers. Guidance will be provided on how you can prepare for the tests and help your child at home.	Year 2	
Thursday 14 th March 2.00-3.00pm	Supporting your child in the Early Years Mrs Whitehead & Mrs Newman	This workshop will provide information on the development of children in the early years; how we support children in school to develop key skills in physical development, communication and independence and how you can support your child at home.	Nursery & Reception	
Thursday 21 st March 9:00-10:00am	Year 4 Multiplication Check Mrs Calvy	This workshop will provide information to parents on the introduction of the Multiplication check that is due to be piloted in June this year. This session will provide information on the content of the test and provide strategies to support your child at home.	Year 3 & Year 4	
Tuesday 26 th March 2.00-3.00pm	11+ Network Meeting Mrs Willis	This is a follow up network meeting as requested by the parents who attended the initial meeting. This is an informal opportunity for parents to discuss their child's progress to date and share information with other parents about supportive strategies and preparation techniques.	Year 5	